

BREAKFAST	LUNCH	SUPPER
Sunday 8:00 AM	Sunday 12:00 PM	Sunday 5:30 PM
If under 200: ham/potato/sausage burritos cereal, fruit, yogurt bar milk, tea, juice, coffee If over 200: eggs, sausage links, diced potato hash browns, and muffins	hamburgers lettuce, tomato, pickles, cheese mac and cheese chips ice cream (chocolate or vanilla) salad/fruit bar tea, coffee, juice	bow tie pasta with Alfredo sauce and chicken fajita meat broccoli garlic bread salad/fruit bar brownies tea, coffee, juice
Monday 8:00 AM	Monday 12:00 PM	Monday 5:30 PM
Pancakes (original, blueberries, and chocolate chip) syrup sausage patties cereal/fruit/yogurt bar milk, tea, juice, coffee	meat ball subs tater tots chocolate or vanilla pudding salad/fruit bar tea, coffee, juice	hamburgers lettuce, tomato, pickles, cheese chips ranch style beans cookies salad/fruit bar tea, coffee, juice
Tuesday 8:00 AM	Tuesday 12:00 PM	Tuesday 5:30 PM
scrambled eggs crispy bacon biscuits and gravy cereal, fruit, yogurt bar milk, tea, juice, coffee	hot dogs mac and cheese carrot and celery sticks popsicles tea, coffee, juice	chicken and cheese crisps Mexican rice tortilla chips brownies salad/fruit bar tea, coffee, juice
Wednesday 8:00 AM	Wednesday 12:00 PM	Wednesday 5:30 PM
French toast sticks syrup sausage patties cereal, fruit, yogurt bar milk, tea, juice, coffee	pizza (pepperoni) raspberry and lemon ice cups salad/fruit bar tea, coffee, juice	chicken tenders mashed potatoes and gravy green beans rolls ice cream (chocolate or vanilla) salad/fruit bar tea, coffee, juice
Thursday 8:00 AM	Thursday 12:00 PM	Thursday 5:30 PM
cheese omelet Diced hash browns crispy bacon cereal, fruit, yogurt bar milk, tea, juice, coffee	chicken patty sandwich baked beans lettuce, tomato, pickles, cheese chips Oreos tea, coffee, juice	lasagna corn garlic bread chocolate or vanilla pudding salad/fruit bar tea, coffee, juice
Friday 8:00 AM	Friday 12:00 PM	Friday 7:00 PM
For children's camp weeks: Sausage and pancake on a stick Cereal, fruit, yogurt bar milk, tea, juice, coffee Weekend retreat groups: pancakes & sausage	quesadillas (beef and chicken) Mexican rice tortilla chips Charro beans pastel de tres leches salad/fruit bar tea, coffee, juice	roast beef mashed potatoes carrots rolls banana pudding salad/fruit bar tea, coffee, juice
Saturday 8:00 AM	Saturday 12:00 PM	Saturday 5:30 PM
scrambled eggs bacon biscuits and gravy cereal, fruit, yogurt milk, tea, juice, coffee	grilled chicken baked potato green beans rolls assorted cookies salad/fruit bar tea, coffee, juice	baked ziti corn garlic bread brownies salad/fruit bar tea, coffee, juice

- All meals are subject to change
- All meals will have a gluten free equivalent
- Although ingredients are gluten free all food is prepared in the same kitchen and due to that we cannot guarantee that it will completely gluten free